

WHAT IS **DRUGLESS** CHIROPRACTIC?

Chiropractic is a health care service based on the principle of correcting the spine and aiding the nervous system so the body will draw upon its own ability to heal itself.

An overwhelming percentage of the world's population suffers from the condition known as **subluxation**, which is a misalignment of bones resulting in nerve pressure or irritation. **Subluxations** of the spine are by far the most common type. These interfere with the normal function of the body and, therefore, interfere with normal health.

Chiropractic is a natural and safe way to attend to your health needs without the use of drugs and surgery.

Along with chiropractic care, our office emphasizes the balancing of body chemistry with nutrition so the proper nutrients are available for tissue repair.

Chiropractic is less costly than surgery. In many cases chiropractic care is the only effective treatment for many conditions.

ARE YOU EXPERIENCING ANY OF THESE BODY SIGNALS?

Back Pain • Neck Pain • Indigestion
Leg Pain • Difficult Breathing • Knee Pain
Low Thyroid • Poor Posture • Asthma
Headaches • Carpal Tunnel • Sinusitis
Constipation • Fatigue • Mid-Shoulder
Pain • Dizziness • Migraines
Skin Conditions

DRUGLESS CARE CAN HELP

Your brain is continuously producing vital messages which are brilliantly encoded into electrical impulses with the purpose of performing vital functions in specific areas of the body. Millions of these messages are sent every second of your life. These messages pass from your brain to every cell in your body and equally important from your body cells back to your brain.

ANYTHING that interrupts the proper flow of electrical impulses through your nervous system should set off loud, beeping alarms in the body. However, it doesn't – not until a certain amount of damage has already been accumulated.

Take a moment (or better yet, take a lifetime) to appreciate your body and your innate life force that controls all its functions. Dr. DeMaria or one of our doctors will evaluate your posture and check for other indications of spinal imbalance. Regular chiropractic care will allow the body to re-establish its balance and achieve optimal health.

WHEN SHOULD YOU VISIT US?

- When you are experiencing persistent pain or other body signals
- Immediately following an accident or injury
- If you want to maintain optimal health regardless if you have any body signals.

OPTIMAL HEALTH FOR YOU, YOUR FAMILY & FRIENDS

Our purpose is to educate and adjust as many families as possible toward optimal health through natural chiropractic care.

Today, chiropractic is becoming the number one choice in restoring and maintaining optimal health. Chiropractic is simply the best way to get well and stay well for life.

As you can imagine, chiropractic works for all ages and walks of life. Interruption to proper nerve flow by subluxations can affect your overall health. Healthy cell metabolism, organ function and sharp mental focus are all jeopardized with decreased nerve flow. Correcting subluxations greatly improves the body's ability to regain optimal health. It's common to see whole families choosing chiropractic because no one is ever too young or too old to obtain a healthy nervous system for life.

Chiropractic is safe, gentle and effective. It is the fastest growing drugless healing profession in the world today, serving over 2,000,000 people every day. Chiropractors maintain one of the lowest malpractice insurance rates of any primary health professionals in the world. This is a tremendous credit to the safety record throughout the entire chiropractic profession. People who are under regular chiropractic care are among the healthiest people on the planet, enjoying far less hospitalization, medication and other doctor visits.



Dr. DeMaria has over 30 years experience as a Natural Health Care Provider. He is Board Certified in Chiropractic

Orthopedics, a specialty in Chiropractic, and is a consulting NHD. He has a Fellowship in Applied Spinal Biomechanical Engineering. After graduating with honors from Lorain County Community College, Dr. Bob earned a Bachelor of Science degree in Human Biology, as well as his D.C., from the National College of Chiropractic in Lombard, Illinois, **where he graduated cum laude and valedictorian of his class.**

Dr. DeMaria has been recognized as a National and International Chiropractor of the Year by several professional organizations. He is a national and international speaker; author of "Dr. Bob's Guide to Stop ADHD in Eighteen Days", "Dr. Bob's Trans Fat Survival Guide", "Dr. Bob's Guide to Optimal Health", "Dr. Bob's Drugless Guide to Balancing Female Hormones", "Dr. Bob Guide to Detoxification", "Dr. Bob and Debbie's Guide to Sex and Romance," and hosts his own TV program. A recognized expert in applied nutrition and human structural biomechanics, he holds post graduate teaching positions and has lectured for the Ohio Supreme Court (CLE credits) and chiropractic license credits (CEU).

YOUR NEXT SPEAKER

Dr. DeMaria frequently gives presentations on health to area businesses and organizations. Topics include:

- Alternative Health Care
- Reducing Spinal Care Costs
- Applied Nutrition For Optimal Health
- Treating Chronic Pain Without Drugs

Our office is designed to give a distinctive and personalized approach to your health concerns. We recognize that each patient is unique; therefore we customize each treatment program to your individual needs.

OTHER VALUABLE SERVICES ARE AVAILABLE IN OUR OFFICE

- Full Spine and Sectional Postural X-Ray
- Spinal diagnostic x-ray and therapeutic exercise programs. Our goal is to locate spinal weaknesses and restore the patient to maximum performance.
- Weekly Exciting Health Care Workshops
- Nutritional Counseling - Screening
- Blood Chemistry/Hormone Balance Work-Ups for whole body balance
- **ACG:** The ACG makes a picture of heart sounds which can be measured as a reflection of balanced body chemistry, nutrition and overall functions of the body's systems.
- **Saliva Testing:** An accurate procedure to determine various hormone levels in the body. Saliva testing reveals the free form of hormones versus ones that may be bound by protein.
- **Ion Cleanse:** With cellular energizing & cleansing provided by the Ion cleanse

COST EFFECTIVE FAMILY PLANS

We will accept your check, MasterCard or VISA and, of course, cash. We also have in-house cost effective plans to pay for your care.

Visit our web site: www.northcoastchiro.net or www.druglessdoctor.com
Our web site is regularly updated. A variety of current health concerns are addressed.

Email News: Our patients are regularly contacted with continuous updated information. This is a free service we provide for individuals who want to stay on the cutting edge of knowledge and health. Email us at northcoastchiro@yahoo.com to join the winning team.

treatment; the goal is to facilitate the body in eliminating toxins.

- **Hair Analysis:** Measures body function at the cellular level, can help identify poor physical health that may not appear for three to five years. Hair analysis is a very specific tool to pinpoint exact mineral levels.
- **Strategies Optimal Weight:** A weight loss and detoxification program designed by Dr. Bob to get your body in balance thru eating nutritionally specific foods and supplementation.

CONTINUING CARE

After the cause of your problems has been identified and corrected through chiropractic care, our job as your chiropractor is to maintain correction.

Instruction in methods to prevent spinal decay, such as exercise to strengthen weak muscles, joints and ligaments and proper ways to bend, lift, sit, stand, etc. are provided.

Preventive chiropractic care is the best solution to minimize future problems.

Drugless Healthcare offers very affordable payment options.

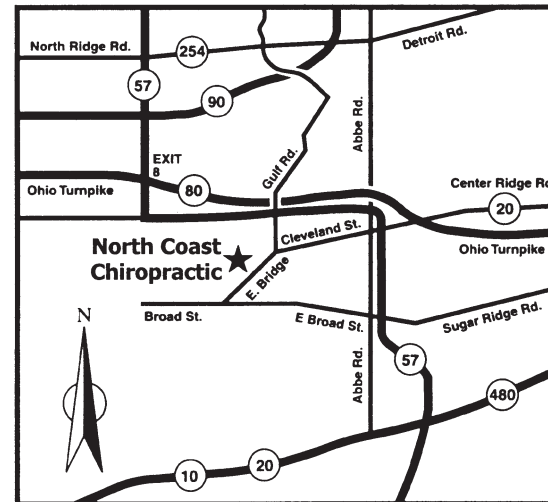
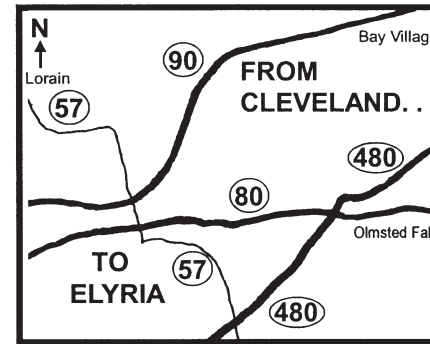
Please ask our Continuing Care Staff Specialist for more details.

Insurance companies are user friendly and usually work very effectively with the patient. Your insurance claims will be filed electronically by our office.

Media Tips: Dr. DeMaria is heard regularly on Radio and T.V. Ask for stations and times.

Author: Dr. DeMaria is the author of six "Dr. Bob's Guide To..." books, including the newly released "Dr. Bob and Debbie's Guide to Sex and Romance". Visit www.druglessdoctor.com.

Network Health Care: Dr. DeMaria has established a network of alternative health care providers.



North Coast Chiropractic

Hours By Appointment

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North Coast Chiropractic

Robert F. DeMaria, DC, NHD

